


## **2008 KUGB KYU (COLOURED BELT) GRADING SYLLABUS.**

<b><u>KIHON</u></b>	<b><u>KATA</u></b>	<b><u>KUMITE</u></b>
	Kihon Kata	Sanbon or Gohon Kumite attacking with jodan oi tsuki and chudan oi tsuki.
	Heian Shodan	As previous grading.
	Heian Nidan	As previous grading.
	Heian Sandan	Kihon ippon kumite attacking with jodan and chudan oi tsuki from right and left sides.
	Heian Yondan	As previous grading plus chudan mae geri attack.
	Heian Godan	As previous grading plus yoko geri kekomi attack.
	Tekki Shodan	As previous grading plus jodan mawashi geri attack.
	Bassai Dai	Jiyu ippon kumite attacking with jodan and chudan oi tsuki, chudan mae geri, chudan yoko geri, jodan mawashi geri and chudan ushiro geri. All attacks from the right side only.
	Bassai Dai	As previous grading.

Grading candidates may be asked to perform kicking techniques in combination. The examiner may ask to see some kihon, kata or kumite listed in the KUGB syllabus. Candidates may be required to demonstrate material from previous gradings to ensure overall development – a brown belt may be asked to perform a Heian Kata.

**It must be emphasised that the KUGB syllabus is intended as a guideline to prepare students for their gradings and that the most important factor is the examinee's quality and performance.**